

# School Trip Risk Assessment Checklist



## Please complete this checklist before each school excursion:

- Is the postcode of your location in an 'at risk' zone? Check the live [Tick Risk Map](#).
- Ensure all adults on the trip read the prevention and removal information on the Lyme Disease UK [website](#).
- If the children will be outdoors ask the parents to:
  - pack appropriate insect repellent
  - ensure long sleeves are worn and trousers are tucked into socks
  - do a thorough tick check when home and shower.
- Ensure you have a first aid kit with you that contains at least one tick remover tool.
- Encourage children to tell an adult immediately if they spot a tick or other biting insect.
- If a child does get bitten ensure the tick is removed using the [correct technique](#) as soon as possible.