



## Biography

### Joseph G Jemsek, MD, FACP, AAHIVS

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Dr Joseph G. Jemsek, known to many of his patients as “Dr J,” is the namesake and founder of the Jemsek Specialty Clinic. Located at the heart of Washington, DC, Jemsek™ Specialty Clinic provides pioneering, health-restoring care for those affected by Lyme and other tick-borne illnesses. With over 40 years in the field, Dr. Jemsek has garnered the distinction of being a key player in two major epidemics of modern times, HIV/AIDS and Lyme Borreliosis Complex (LBC). Beginning in 1982, Dr. Jemsek opened the doors to what would become the leading HIV/AIDS clinic in the South Eastern United States, located in the state of North Carolina. In those years he gained the reputation of being one of the state’s leading infectious disease specialists, receiving multiple awards - including the Governor’s Award granted in 1998 - and even having the distinction of diagnosing the first case of HIV/AIDS in North Carolina. Dr Jemsek participated in a myriad of pharmaceutical trials for HIV medications while championing care for what was at the time a largely marginalised patient population. Today, Dr Jemsek stands as one of the leading tick-borne disease specialists in the United States with over 13,000 patients treated to date at The Jemsek Specialty Clinic. He founded the clinic in North Carolina in 2007 and moved it to Washington DC in 2010. He continues to operate one of the largest tick-borne disease treatment centers in the Western Hemisphere. Recently, he has been selected as the chief investigator for a first-of-its-kind study conducted by Global Lyme Alliance (GLA) - the leading charity dedicated to conquering Lyme and other tick-borne diseases. The study is geared towards evaluating immunological and biochemical signatures of patients throughout treatment processes. Additionally, he has a keen interest in research in numerous other areas of the field such as the economic and financial impact of Lyme Borreliosis Complex.

Dr Joseph Jemsek has a uniquely qualified insight and perspective on the diagnosis and treatment of HIV-AIDS and Lyme disease. The same spirit of fighting for his patients’ rights, treating them with respect, and restoring health has carried through with Dr. Jemsek’s treatment of Lyme Disease at The Jemsek Specialty Clinic. Dr Jemsek has been the keynote speaker at national and international Lyme disease conferences, and was featured in the 2008 documentary film, "Under Our Skin: The Untold Story of Lyme Disease," that highlighted his groundbreaking role in the field of Lyme treatment and patient care.

His focus has remained steadfast: "In Medicine, both our palette and canvas are comprised solely through our time and devotion with patients. If physicians don't invest themselves fully into their patients, then they are nothing more than chart readers, becoming ever more stale with each passing year."

The Jemsek Specialty Clinic is currently accepting new patients, and remains committed to providing quality, comprehensive patient care while leading the way in Lyme disease treatment and research.

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## **Jemsek Protocol™ Treatment: Brief Overview**

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The Jemsek Protocol involves three phases, long term therapy treatment, that are effective against organisms deployed by LBC. It is an individualized treatment designed according to patient's response.

### **Detoxification**

- Focused on the evaluation and subsequent stabilization of the patient.
- Designed to reduce inflammatory quotient
- Lowers symptoms such as neuroirritative and its severity

### **Treatment**

- Designed to reduce pathogens associated with LBC
- Support immune system to recognize antigens: *"immunological reconstitution"*
- Degradation of Biofilm

### **Maintenance and Recovery**

- Neurological and Immunological recovery and healing
  - Changes in lifestyle and control of Essential Life Functions (ELF)
  - Discontinuation of neurotropic and psychotropics medications
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