

Webinar Resource Pack

Some details on topics and products mentioned in the webinar:

- A review by Dr Nicola Seal of the most effective insect repellents against ticks can be found [here](#).
 - [Autan Protection Plus](#)
 - [Mosi-guard Natural](#)
- Tick removers
 - [Fine nosed tick remover tweezers](#)
 - [Tick twister tool](#)
 - [Tick remover card](#)
 - [Tick remover lasso](#)
- More information on prevention, removal, early symptoms and treatment can be found on our [website](#).
- A downloadable awareness pack can be found [here](#).
- If you want to raise awareness with your local GPs, pharmacists and nurses please email them [this letter](#).
- We have also created [this education pack](#), which can be used for children.

If you are representing an organisation and would like Lyme Disease UK to help you raise awareness, please email admin@lymediseaseuk.com and we will do our best to assist.

If you are concerned you may already have Lyme disease, please do join our [Patient Support Group](#) and take a look at our list of helpful [books](#).

Many thanks,

LDUK Team