

Dear: <Parents name>

Your child was bitten by a tick <enter date/location>. The tick was removed by a member of staff and the area was cleaned with antiseptic.

Not all ticks are infected, but some ticks can carry Lyme disease. The NHS does not normally recommend prophylactic treatment for Lyme disease. We have retained the tick if you wish to arrange for it to be tested.

Please complete a thorough tick check on your child to ensure they have no other bites. Ticks like to hide therefore pay particular attention to the area under waistbands, behind the ears, knees, groin area, hairline and armpits. Place all clothes in the tumble dryer as the heat will kill any ticks wash clothes at the highest temperature possible. If you find another tick attached, please follow the advice at [www.lymediseaseuk.com](http://www.lymediseaseuk.com) on how to remove it safely or seek medical attention. You can also find advice on prevention and early symptoms to look out for on this website.

Please monitor your child for symptoms including:

- A migrating rash which appears 48+ hours after the bite, normally at the bite site but can be elsewhere on the body. We have drawn around the bite site with a pen to aid the monitoring process.
- Headaches
- Stiff neck
- Sensitivity to light
- Malaise
- Unexplained behavioural or mood changes

If a rash or any other symptoms appear please see urgent medical attention from your GP.

Kind regards,

<Name>