



# Lyme Disease

## *Patient Support*



## School Trip Risk Assessment Checklist

Please complete this checklist before each school excursion:

(All bold words are hyperlink. Click to be take to relevant advice)



Is the postcode of your location in an 'at risk' zone?:  
Check the live **Tick Risk Map**



Ensure all adults on the trip read the **prevention and removal information** on the Lyme Disease UK website

If the children will be outdoors ask the parents to:



- pack appropriate **insect repellent**
- ensure their child wears long sleeves and trousers trousers tucked into their socks (fun socks optional!)
- do a thorough tick check when home and shower



Ensure at least one tick remover tool is available in the first aid kit



Whilst out encourage children to tell an adult immediately if they spot a tick. If a child does get bitten ensure the tick is removed using the **correct technique** as soon as possible

## Contact Information

[www.lymediseaseuk.com](http://www.lymediseaseuk.com)  
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